



SELF -AWARENESS
INSTITUTE

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Welcome to YOUR Self-Awareness Weekend! Congratulations on choosing to be a participant. Your willingness to seek a more satisfying life for yourself is a courageous accomplishment. We are enthused about providing you with an opportunity to achieve the **12 Promises** in your life.

To help to get to know you and to be aware of the results you want, we are providing the Pre-Weekend Questionnaires. Your time in answering the questions is very worthwhile, as it will provide us with valuable information about you and will support and strengthen the effectiveness of your participation in the Weekend.

Please answer all items as completely as possible. The completion of the pre-Weekend material will take some time. **Do not wait until the last minute to start answering the questions!**

- ◆ This is not a test! There are no right or wrong answers. Please don't cheat yourself of any part of the experience. Your answers are valuable.
- ◆ Mail in your completed questionnaire to the address below no later than Monday before the Self-Awareness Weekend.

If you have any questions or concerns, feel free to call us. See you there!

Warmly,



Andrea and Laina

Self -Awareness Institute Staff

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